



The Alleghenies
Tourism Council
(ATC)
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**News
Release**

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TOP TEN THINGS TO DO IN THE ALLEGHENIES THIS FALL AND WINTER SEASON

ALTOONA, PA – From bird watching to snowmobiling to festivals, [The Alleghenies](#), located less than 150 miles northwest of Washington DC between Pittsburgh and Harrisburg, offers countless ways to spend the fall and winter months outdoors. The region features a diverse four season landscape and is steeped in rich heritage and tradition.

Here are the Top Ten Reasons to visit and explore *The Alleghenies* this Fall/Winter Season (in no specific order):

1. [Migration Morning Bird Walks](#)
(State College Region)
September 1, 8, 15, 22, 29
Join naturalist Doug Wentzel as he leads a walk identifying and listening to native bird species, from hawks to woodpeckers, in the area.
2. [Bushy Run Battlefield's Fall Nature Walk](#)
(Laurel Highlands Region)
October 2
Enjoy an interpretive walk through Bushy Run Battlefield's woodlands with local naturalist George Heasley.
3. [2010 Fall Foliage Festival](#)
(Bedford/Breezewood Region)
October 2-3 and 9-10
The 46th annual festival includes crafts, entertainment and family activities. While in the area, try one of the on-road cycling routes, [Mann's Choice Cycling tour](#), a scenic 15.7 mile ride winds through the rural farmlands.
4. [Rally at the Rock](#)
(Johnstown Region)
September 24-26
Rock Run ATV Park is hosting park tours, a kids skill competition, mud bog events and more.

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TOP TEN THINGS TO DO IN THE ALLEGHENIES FALL/WINTER 2010

5. [Roar in the Mountains](#)
(Altoona Region)
September 24-26
This 5th annual motorcycle festival features a bike run, entertainment, a stunt show and more. While in the region, enjoy more than [800 miles of motorcycle routes](#).
6. [Heritage Holidays](#)
(Altoona Region)
November 13-14
This event combines arts and crafts with holiday cooking demonstrations. Not far from the event, travel back in time on the 21.9 mile [Fort Roberdeau](#) on-road cycling tour that winds through rural communities and parks.
7. [2010 Festival of Ice](#)
(Juniata River Region)
December 2-3
View ice sculpture displays, enjoy an old-fashioned carriage ride and holiday entertainment. If weather permits, head to the Bald Eagle State Forest afterwards for [snowmobiling](#).
8. [Nature Viewing at the Raystown Lake](#)
(Raystown Lake Region)
Year-round
One of the best places to find birds in the winter months is along the 8,300-acre woodlands at Raystown Lake. Nature viewers will spot everything from deer, small woodland game to bald eagles and red-tailed hawks.
9. [Ice Fishing and Ice Skating at Cowans Gap State Park](#)
(McConnellsburg Region)
December 2010 – February 2011
The 42-acre lake is an idyllic setting for [ice fishing](#) and [ice skating](#). Also enjoyed with the state park are cross-country skiing, birding and hiking.
10. Skiing in The Alleghenies
From the highest mountain in Pennsylvania (Blue Knob) to gentle trails, The Alleghenies offers [skiing](#), [snowboarding](#), and snowtubing activities all skill levels. For those interested in tackling the snow without going downhill, head to one of the [16 cross-country skiing trails](#) in the region.

The Alleghenies: The Alleghenies Tourism Council is a partnership of organizations interested in further developing the tourism industry and economic development opportunities in a seven county region. The Council works under the umbrella of the Southern Alleghenies Planning & Development Commission, a non-profit economic development agency. For more information on The Alleghenies, call 1-800-458-3433 or visit www.TheAlleghenies.com.

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