



The Alleghenies
Tourism Council
(ATC)
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**News
Release**

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TOP TEN THINGS TO DO IN THE ALLEGHENIES THIS FALL AND WINTER SEASON

ALTOONA, PA – From bird watching to snowmobiling to festivals, *The Alleghenies*, located less than 150 miles northwest of Washington DC between Pittsburgh and Harrisburg, offers countless ways to spend the fall and winter months outdoors. The region features a diverse four season landscape and is steeped in rich heritage and tradition.

Here are the Top Ten Reasons to visit and explore *The Alleghenies* this Fall/Winter Season (in no specific order):

1. Migration Morning Bird Walks
(State College Region)
September 1, 8, 15, 22, 29
Join naturalist Doug Wentzel as he leads a walk identifying and listening to native bird species, from hawks to woodpeckers, in the area.
2. Bushy Run Battlefield's Fall Nature Walk
(Laurel Highlands Region)
October 2
Enjoy an interpretive walk through Bushy Run Battlefield's woodlands with local naturalist George Heasley.
3. 2010 Fall Foliage Festival
(Bedford/Breezewood Region)
October 2-3 and 9-10
The 46th annual festival includes crafts, entertainment and family activities. While in the area, try one of the on-road cycling routes, Mann's Choice Cycling tour, a scenic 15.7 mile ride winds through the rural farmlands.
4. Rally at the Rock
(Johnstown Region)
September 24-26
Rock Run ATV Park is hosting park tours, a kids skill competition, mud bog events and more.

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TOP TEN THINGS TO DO IN THE ALLEGHENIES FALL/WINTER 2010

5. Roar in the Mountains
(Altoona Region)
September 24-26
This 5th annual motorcycle festival features a bike run, entertainment, a stunt show and more. While in the region, enjoy more than 800 miles of motorcycle routes.
6. Heritage Holidays
(Altoona Region)
November 13-14
This event combines arts and crafts with holiday cooking demonstrations. Not far from the event, travel back in time on the 21.9 mile Fort Roberdeau on-road cycling tour that winds through rural communities and parks.
7. 2010 Festival of Ice
(Juniata River Region)
December 2-3
View ice sculpture displays, enjoy an old-fashioned carriage ride and holiday entertainment. If weather permits, head to the Bald Eagle State Forest afterwards for snowmobiling.
8. Nature Viewing at the Raystown Lake
(Raystown Lake Region)
Year-round
One of the best places to find birds in the winter months is along the 8,300-acre woodlands at Raystown Lake. Nature viewers will spot everything from deer, small woodland game to bald eagles and red-tailed hawks.
9. Ice Fishing and Ice Skating at Cowans Gap State Park
(McConnellsburg Region)
December 2010 – February 2011
The 42-acre lake is an idyllic setting for ice fishing and ice skating. Also enjoyed with the state park are cross-country skiing, birding and hiking.
10. Skiing in The Alleghenies
From the highest mountain in Pennsylvania (Blue Knob) to gentle trails, The Alleghenies offers skiing, snowboarding, and snowtubing activities all skill levels. For those interested in tackling the snow without going downhill, head to one of the 16 cross-country skiing trails in the region.

The Alleghenies: The Alleghenies Tourism Council is a partnership of organizations interested in further developing the tourism industry and economic development opportunities in a seven county region. The Council works under the umbrella of the Southern Alleghenies Planning & Development Commission, a non-profit economic development agency. For more information on The Alleghenies, call 1-800-458-3433 or visit www.TheAlleghenies.com.

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