

THE Alleghenies

Pure Knowledge: The Facts on Cycling

With a history of welcoming professional cyclists to the region and hosting the largest pro-amateur road race in the country, *The Alleghenies* is a hot bed for both on- and off-road enthusiasts. Cyclists will find routes/trails for all skill levels, including family-friendly rails-to-trails, as well as a technical single-track, all while enjoying the backdrop of the mountain scenery.

Stats Pack

- ◆ Over 30 on- and off- road cycling options in the region.
- ◆ Cycling opportunities are broken down into three categories: beginner, intermediate and advanced.
- ◆ The region successfully hosted the 1992 Olympic Road Trials.

What Others are Saying

- ◆ Named one of the “five top bicycle areas in the country.” – Bicycling Magazine
- ◆ The region has the only Pennsylvania off-road trail to be designated an International Mountain Bicycling Association (IMBA) Epic trail – one of only 43 in the nation.

Hidden Gems That Can't Be Missed

- ◆ McConnellsburg Region
 - Tuscarora Mountain Challenge Tour (32.6 miles)
 - This route is a great reflection back to an era of the early 1800s when settlers journeyed over these mountains on horse and buggy. Today, your cycling legs will carry you over several challenging climbs.
 - Majestic mountain scenery surrounds rural country roads and farmlands.
- ◆ Altoona Region
 - Fort Roberdeau Revolutionary Route (21.9 miles)
 - The Route was formally used by settlers as protection from Indian attack in 1778.
 - This intermediate trek affords an abundance of site-seeing opportunities as it winds through scenic state parks, and passes nearby caves and springs.