

# Hike The Alleghenies Raystown Lake Seven Points Recreation Area Old Loggers Trail Loop with Sheep Rock Spur

## Old Loggers Trail Loop with Sheep Rock Spur (6.3 Miles)



The Old Loggers Trail is a mainly double-track grassy blue blazed trail that offers streamside sections, lake sections and hilltop sections passing through a wide range of vegetation and habitat. Much of the area around the Old Loggers Trail is being managed for grouse habitat in conjunction with the Ruffed Grouse Society. Sheep Rock Spur passes one of the best scenic overlooks of Lake Raystown and continues down to the water's edge. Sheep Rock is a natural shelter now submerged 100 feet. Archaeological digs before the lake was created found that the shelter was used at least eight thousand years ago.

**Parking:** *Lat 40 23 26 Lon 78 05 14*

From US Route 22 near Huntingdon, take PA Route 26 South 6.5 miles, then turn left onto Seven Points Road. From US Route 30 near Everett, take PA Route 26 North 36 miles, then turn right onto Seven Points Road. Park at the Old Loggers Trailhead on the right side of Seven Points Road 3.5 miles from PA Route 26.

**Trail Directions:** From the parking area on Seven Points Road, cross Seven Points Road and hike out the Old Loggers Trail 1.1 miles to a T intersection. Turn Left at the T intersection 1 mile to an intersection with a trail that goes to the second trailhead. Turn Right .6 miles to intersection with Sheep Rock Spur. Turn Left onto Sheep Rock Spur .6 miles down the hill to the lake. Turn around .6 miles up hill back to the Old Logger Trail / Sheep Rock Spur Intersection. Turn Left onto Old Loggers Trail 1.3 miles back to original T intersection. Turn Left 1.1 miles back to the parking area the way you came.

**Distance:**

6.3 miles

**Time:**

4-4.5 hours

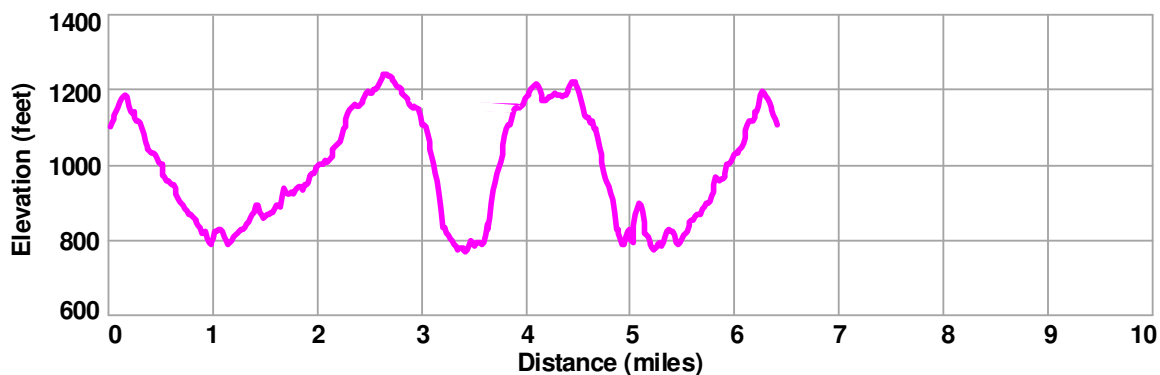
**Elevation Change:**

515 feet

**Trail Loop Difficulty Rating:**



Challenging terrain OR varying elevation



Many more miles of trail are planned in Seven Points Recreation Area of Raystown Lake. The existing 22-mile linear Terrace Mountain Trail is on the Eastern side of the lake. See this website for details:

<http://raystown.nab.usace.army.mil>