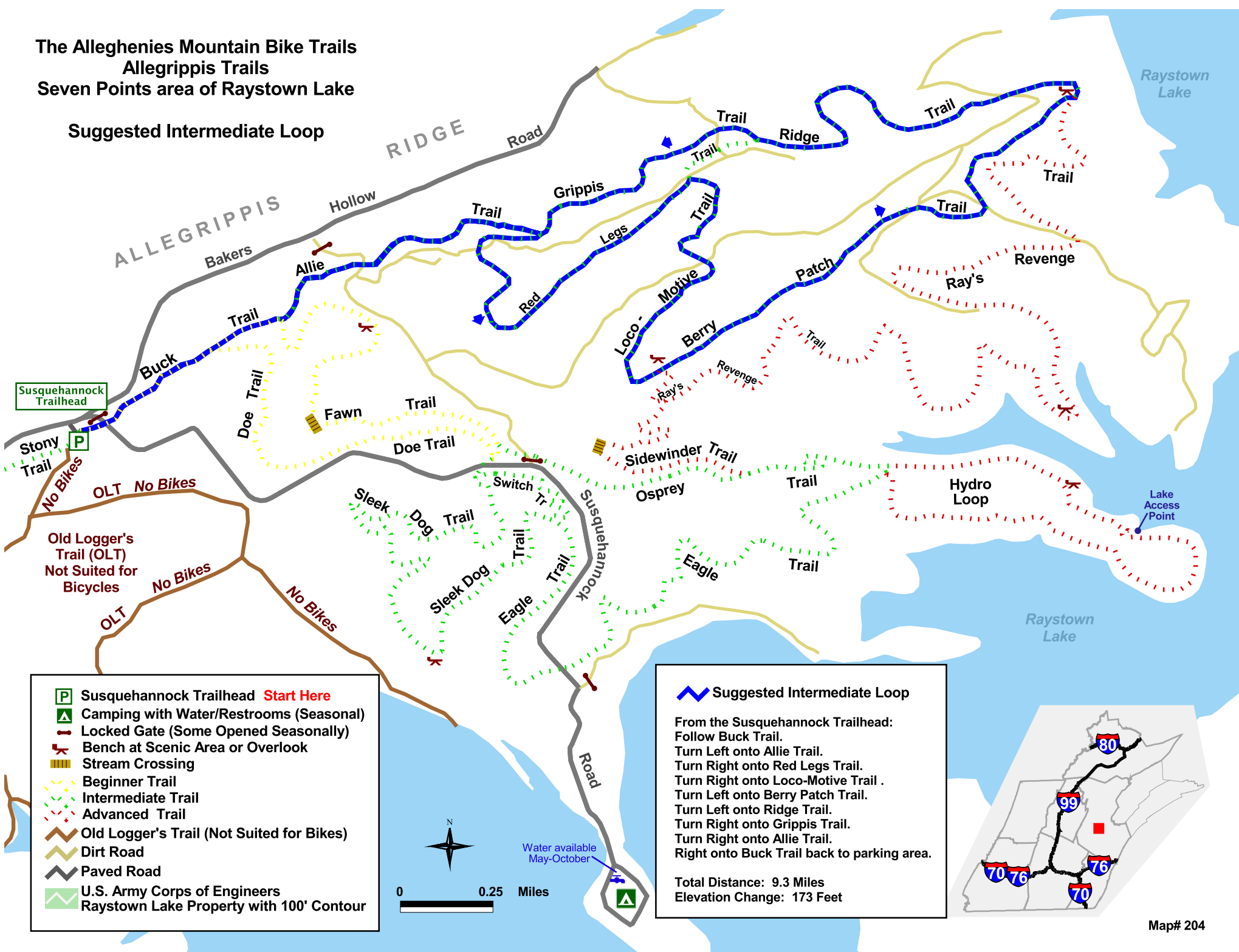


The Alleghenies Mountain Bike Trails  
 Allegrippis Trails  
 Seven Points area of Raystown Lake

Suggested Intermediate Loop



- P Susquehannock Trailhead **Start Here**
- ▲ Camping with Water/Restrooms (Seasonal)
- Locked Gate (Some Opened Seasonally)
- ✂ Bench at Scenic Area or Overlook
- Stream Crossing
- Beginner Trail
- Intermediate Trail
- Advanced Trail
- Old Logger's Trail (Not Suited for Bikes)
- Dirt Road
- Paved Road
- ▭ U.S. Army Corps of Engineers  
Raystown Lake Property with 100' Contour

— Suggested Intermediate Loop

From the Susquehannock Trailhead:  
 Follow Buck Trail.  
 Turn Left onto Allie Trail.  
 Turn Right onto Red Legs Trail.  
 Turn Right onto Loco-Motive Trail.  
 Turn Left onto Berry Patch Trail.  
 Turn Right onto Grippis Trail.  
 Turn Right onto Allie Trail.  
 Right onto Buck Trail back to parking area.

Total Distance: 9.3 Miles  
 Elevation Change: 173 Feet

